Claims

- 1. A cosmetic and/or dermatological body cleaning preparation with a reduced tendency toward damaging skin-intrinsic enzymes, comprising a surfactant system of
 - (1) alkyl ether sulfate,
 - (2) alkylamidopropylbetaine,
 - (3) a further surfactant chosen from the group consisting of alkyl polyglucosides, ethoxylated triglycerides and salts of citric acid alkyl polyglycol esters.

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- 2. The use of surfactant systems of
 - (1) alkyl ether sulfate,
 - (2) alkylamidopropylbetaine,
 - (3) a further surfactant chosen from the group consisting of alkyl polyglucosides, ethoxylated triglycerides and salts of citric acid alkyl polyglycol ester sulfosuccinates for reducing skin-intrinsic enzyme damage when cleaning the body or hair.
- The preparation or the use as claimed in one of the preceding claims,
 characterized in that the content of further surfactant (3) is greater than 1% by weight, preferably greater than 1.5% by weight.
 - 4. The preparation or the use as claimed in one of the preceding claims, characterized in that the ratio of alkyl ether sulfate to further surfactant is 10:0.5 to 10:5, particularly preferably 10:1 to 10:3 and very particularly preferably 10:1.8 to 10:2.2.
 - 5. The preparation or the use as claimed in one of the preceding claims, characterized in that Na cocoyl glutamate is additionally present.

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6. The preparation or the use as claimed in one of the preceding claims, characterized in that the surfactant (3) chosen is PEG-7 glyceryl cocoate, disodium PEG-5 lauryl citrate sulfosuccinate or lauryl glucoside.